

## Legend

**A** Reference to Awake.

**S** Reference to Sleep.

### **BTI** (Bruxism Time Index)

Percentage of time with Bruxism episodes during the duration of the holter.

### **BWI** (Bruxism Work Index)

Percentage of muscular work during Bruxism episodes compared to the potential work of the highest peak of power registered if it would have been kept unvaried during all the Bruxism episodes.

### **MTI** (Masseter Time Index)

Percentage of time with activity of the Masseter muscle compared to the duration of the holter.

### **MWI** (Masseter Work Index)

Percentage of muscular work performed by the Masseter muscle compared to the potential work of the highest peak of power registered if it would have been kept unvaried during all the duration of the holter.

## Mean values

Found in a population of 125 individuals in which the only **exclusion criterion** was **positive semeiotics for TMD**. Has **empirical value** because it is not yet a scientific publication.

### ■ Sleep mean values

S-MTI	<b>1.709%</b>	S-BTI	<b>0.417%</b>
S-MWI	<b>0.453%</b>	S-BWI	<b>0.196%</b>
		S-BPI	<b>0.343%</b>

### ■ Awake mean values

A-MTI	<b>15.336%</b>	A-BTI	<b>1.497%</b>
A-MWI	<b>3.810%</b>	A-BWI	<b>0.624%</b>
		A-BPI	<b>1.205%</b>